

Session 1 – for leaders and facilitators

The first session is to ensure you have the basics of what it takes to run a circle. You will be able to use those two features in any group outside of this Learning Circle:

- Use rounds. As often as possible. Rounds not only enable everyone to speak, but they also support listening.
- Always have a facilitator in any group to ensure equal voice, intentionality and effectiveness in your discussions and decisions.

What the circle will need for session 1:

Package 1

- Session 1 plan
- Poster 1 (meeting agenda)
- Poster 2 (Elections)
- Handout for everyone (“Basic concepts session 1”)
- Nomination sheets (print more for groups bigger than 6)

Other:

- Computer with good internet connection to play videos
- A timer (phone app works well)
- A way to take notes for questions and feedback

Preparation readings

ACTIVITY	REFERENCE MATERIAL	EST. TIME
Reading online	On rounds	15 min
Reading online	On elections	25 min
Reading in <i>Many Voices One Song</i>	Sections 5.5.1, 5.5.2, 5.5.3 Print version p. 203-218	15 min
Reading in <i>Many Voices One Song</i>	Sections 3.6.2, 3.6.3, 3.6.4 Print version p. 131-149	15 min



Free to share for non-commercial use. More content and classes <http://www.sociocracyforall.org/>



Sociocracy For All

Session 1 plan

ACTIVITY	REFERENCE MATERIAL	LENGTH	TIME
check-in	Video (<i>facilitator for rounds</i>)	10 min	0:00-0:10
selecting a facilitator	Video (<i>facilitator for rounds</i>) elections sheet (handout) nomination sheets (handout)	25 min	0:10-0:35
selecting a secretary	(<i>facilitator for rounds, using elections sheets and nominations sheets</i>)	25 min	0:35- 1:00
Q&A elections	Video (<i>facilitator for rounds</i>)	10 min	1:00-1:10
evaluation round election	Video (<i>facilitator for rounds</i>)	10 min	1:10-1:20
evaluation round session 1	Video (<i>facilitator for rounds</i>) (secretary take notes!)	10 min	1:20-1:30

Session 1 enrichment (optional)

ACTIVITY	REFERENCE MATERIAL	EST. TIME
article	The myth of natural flow (why rounds help break power patterns)	8 min
videos	See a selection process during a workshop (with trainer comments)	30 min
	FAQ: What do we do about cross-talking rounds?	<2 min
	FAQ: Are leader and facilitator separate people?	<2 min
	FAQ: What is a leader in sociocracy?	<2 min
	FAQ: What is a facilitator in sociocracy?	<2 min

Session 1 poster 1/2



Free to share for non-commercial use. More content and classes <http://www.sociocracyforall.org/>



Sociocracy For All

Meeting agenda Session 1

Check-in	5 min
Selection facilitator	30 min
Selection secretary	25 min
Q&A	10 min
Evaluation (election)	10 min
Evaluation session 1	10 min



Free to share for non-commercial use. More content and classes <http://www.sociocracyforall.org/>



Sociocracy For All

Elections

Define role, term, qualifications

Nomination

Write down nomination

Share nomination and reasons in round

Revise nomination and share reasons

Facilitator proposes candidate

Consent round



Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)



Sociocracy For All

Nomination sheet

I, _____
(your name)

nominate

(the person you nominate)

for _____
(role)

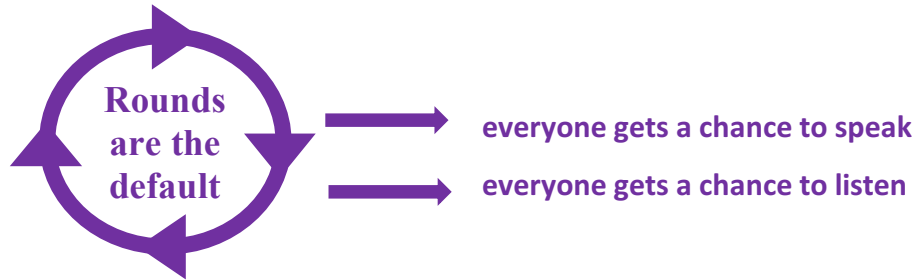


Sociocracy For All



Empowered Learning Circles
for Sociocracy

Basic concepts session 1



Rounds you will get to know...

- | | |
|------------------------------|--|
| ♥ Check-in rounds | How are you coming into this meeting? |
| ✓ Consent rounds | Do you consent or object? |
| □ Nomination/change rounds | Who do you nominate and why? |
| ↻ (Quick) reaction rounds | How are you with this? |
| ? Clarifying question rounds | What do you need to understand about this? |
| △ Closing rounds | How are you leaving this meeting?
What worked well, what could be improved? |

Selection process

- Define role, term, qualifications
- Nomination round: who do you nominate and why?
- Change round:
"I nominate ___ because ___"
- Facilitator makes a proposal
"I propose that ___ be ___"
- Consent round (or objection)

You can
nominate
yourself!

Roles

- | | |
|---------------------|--|
| Leader | pays attention to the operations, makes sure things get done |
| Facilitator: | Guiding through Process (only) during the |
| Secretary: | takes and distributes notes to circle |
| (Delegate: | reports from circle to parent circle) |